



# Jefferson Joint School District #251

## Every Student Can Learn and Succeed

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### Local School Wellness Policy 2024-2025 School Year Annual Report

Jefferson School District promotes healthy schools by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment (Local School Wellness policy 8200). Individual schools are encouraged to promote student health, well-being and an ability to learn.

In an effort to support the school district Local School Wellness Policy (8200), each school completed the Idaho Wellness Policy Progress Report, which is a self-review of practice within the school that aligns with Local School Wellness. Each principal submitted a copy of this report to food services, and we used those reports as our review during the District Wellness Committee Meeting

Each school formed a building wellness committee, which met during the school year. During the committee meeting each school discussed how they could meet the wellness policy requirements, items in need of attention, review changes made within the school to support the policy and review or make changes to food which was provided or sold to students during school hours to ensure they were Smart Snack Compliant.

The school district promoted Local School Wellness by setting up wellness screening for district employees and some family members.

The school district Wellness Committee met to review the progress reports and recommendations from each school level. Members of the district Wellness Committee discussed several items from the reports in an effort to ensure that food provided to or sold to students during school hours was Smart Snack Compliant.

The District Committee also reviewed notes from Building Committees to review progress and identify needs for each school during the 2024-2025 school year. As we reviewed the information there were some areas, we felt we could do better and will set as goals for next year. First, we need to do more training and collaboration between lunch staff and school leadership. We set a goal to have all school principals meet with their lunch personnel and review the progress report together, then we would review it in principals meeting and answer questions they had.

Second, we wanted to make sure the community and board were aware of the policy and its guidelines, and we will ask each school to post their wellness report on their website and as a district committee we will present this information to the school board.

Signed,

District Wellness Committee

Reviewed 12-12-24