

Instructions to Member: Please complete and sign your portions of this form and obtain the necessary information and signature from your healthcare provider. **Refer to your Blue Cross of Idaho health insurance ID card to complete the fields on the front of this form.**
Mail the completed form to the address indicated on this form.

Instructions to Healthcare Provider: Please check the appropriate box for each health measure located on the chart on the front of this form. Include dates, readings, comments under the "Values" section below. Then total the points, sign this form, and give completed form back to your patient. **Please submit the claims identifying the preventive visit as a wellness service to ensure the office visit falls under your patient's preventive care benefit.**

Note to Member: We are committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact us at 800-627-1188 and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status. The information from your Health Qualification Form is strictly confidential and will not be shared with your employer. Blue Cross of Idaho will only inform your employer of your qualification status.

Source: Blue Cross of Idaho bases ranges on clinical guidelines available to members and providers on the Blue Cross of Idaho website at bcidaho.com.

Questions about this form?

Contact Blue Cross of Idaho Customer Service by phone at **(208) 331-7347 or (800) 627-1188**
or email inquiries to: **CustomerService@BCIdaho.com**

Mail a copy of completed form to:

Blue Cross of Idaho, Attn: Healthy Measures/HQF, P.O. Box 7408, Boise, ID 83707-1408
or Fax Toll Free to: **800-471-4424** or Scan & Email to: healthymeasures@bcidaho.com

Reminder to Healthcare Professionals: Please submit the claims identifying the preventive visit as a wellness service to ensure the office visit falls under your patient's preventive care benefit.