



Jefferson Joint School District #251

Every Student Can Learn and Succeed

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Local School Wellness Policy 2016-2017 School Year Annual Report

Jefferson School District promotes healthy schools by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment (Local School Wellness policy 8200). Individual schools are encouraged to promote student health, well-being and an ability to learn.

In an effort to support the school district Local School Wellness Policy (8200), each school completed the Idaho Wellness Policy Progress Report, which is a self-review of practice within the school that align with Local School Wellness. Each school formed a building wellness committee, which met three times during the school year. During the committee meeting each school set a goal of how they could meet the wellness policy requirements, items in need of attention, review changes made within the school to support the policy and review or make changes to food which was provided or sold to students during school hours to ensure they were Smart Snack Compliant.

The school district promoted Local School Wellness by inviting Eastern Idaho Public Health to provide immunizations at Rigby Middle Schools registration and advertising local immunization events on the district website. The district also set up wellness screening for district employees and wellness challenges to promote healthy nutrition throughout the school year.

The school district Wellness Committee met to provide support and recommendations to each school and their committee. Members of the district Wellness Committee visited schools to ensure that food provided to or sold to students during school hours was Smart Snack Compliant. The District Committee also reviewed notes from Building Committees to review progress.

At the end of the 2016-2017 school year, schools have reported that their goals have been met, snacks sold or provided to students are Smart Snack Compliant and the staff has been informed of the Local School Wellness policy. Some school committees noted concerns that that students would sneak items in and sell snacks that were not Smart Snack Compliant, students do not like the snacks and drinks that are Smart Snack Compliant and concerns about fundraisers being limited that reduced the income generated for events.

Signed,

District Wellness Committee